

# ONTARIO COLLEGE OF HOMEOPATHIC MEDICINE

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## DIAPER RASH

Diaper rash is a very common skin condition in babies caused by inflammation due to direct contact with a dirty diaper. The skin turns red, raw, a rash breaks out, yeast could overgrow and a bacterial infection can arise. The skin can feel sore and can turn weepy. It can itch, sting or burn and sores may develop. In more serious instances, the baby can develop a fever. To help with diaper rash, keep the area clean and dry!

Here are some great remedies to try and help your baby:

**Borax:** the skin is dry and inflamed. Babies are super cranky before nursing or before a bowel movement.

**Cantharis:** skin is red, scaly, thick, looks burned, is hot and there are painful blisters. Stinging and burning.

**Graph:** where the skin is dry and cracked, red, itchy and scaly. The skin looks crusty and there is sticky discharge coming from it.

**Hep-sulph:** for sensitive babies whose skin is rashy, pussy and smells bad.

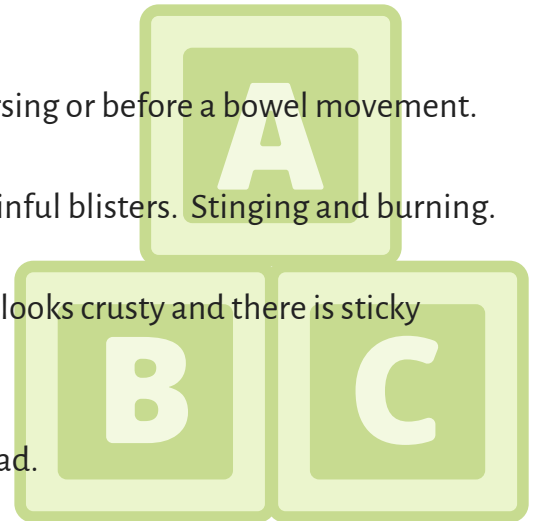
**Med.:** the diaper rash is red, shiny and painful. Baby is restless.

**Petr:** when there is raw and sensitive skin around the genitalia; the skin is so raw that it cracks and bleeds

**Sil:** there are suppurative lesions. Baby may experience a fever too.

**Rhus-t:** the rash is itchy and there are many pimples/blisters

Calendula cream is also a very helpful in relieving the symptoms of diaper rash. It can be applied to the skin directly to soothe your baby.



*CONSULT YOUR PRIMARY CARE PHYSICIAN if your child is less than 6 months old, if there is a high fever for a lengthy period of time, if there is neck pain or stiffness. The information contained herein is awesome but is not intended to replace the advice of your medical team. It is not intended to endorse or recommend any particular type of medical treatment. No information contained herein should be used to disregard medical and/or health related advice or provide a basis to delay consultation with a physician or a qualified healthcare provider. The Ontario College of Homeopathic Medicine disclaims any liability based on information provided herein; it is for educational purposes only.*