



## Our Services



Gambling Therapy is a free online service that provides advice and emotional support to problem gamblers and their families and friends including:

- One to one helpline sessions
- Moderated support groups
- Peer support groups
- Forums
- Email support
- Worldwide database of support services

Many of the above services are available in multiple languages

**All services are free and confidential. Our team of online advisors use their knowledge and compassion to support anyone affected by problem gambling.**

*"I had been struggling with my gambling for years before I contacted Gambling Therapy. They helped me realise that I didn't have to face this on my own and that my life could be different."*

*received from a Gambling Therapy user  
(message used with permission)*

*"Our son is doing amazingly. I can't tell you how happy my heart is. I do believe he is finding where he wants to be in life and finding happiness. So many thanks. We would be lost without the input from you."*

*received from the parent of a problem gambler  
(message used with permission)*

For additional information on Gambling Therapy please visit:

**[www.gamblingtherapy.org](http://www.gamblingtherapy.org)**

Gambling Therapy is part of the Gordon Moody Association

Registered charity number: 1124751

Company limited by guarantee: 06302768

47 Maughan Street, Dudley, West Midlands, DY1 2BA, UK

The Gordon Moody Association offers a unique and intensive residential treatment programme in the UK for those gamblers most severely addicted.

online help for problem gamblers

# gambling therapy

## Who we are and what we do



Gambling Therapy is part of the Gordon Moody Association (registered charity 1124751).

It is an online service providing emotional, therapeutic and practical advice for people affected by problem gambling.

The website launched in 2004 and is staffed by a team of clinically trained mental health professionals and skilled advisors offering a range of support services.

Gambling Therapy provides support, information and advice in multiple languages and is accessible around the world.

Gambling Therapy has over **40,000 registered members** — with regular users engaging in groups and forums, together creating an active and non-judgemental online therapeutic community. Last year there were **5.6 million visits** to the websites with over half coming from referral links.

## What Gambling Therapy can do for your gaming website



### Gambling Therapy enables internet gaming operators to:

- ✓ Demonstrate a commitment to socially responsible gaming to both customers and regulators.
- ✓ Ensure that those adversely affected by gambling have immediate access to help and information at the click of a button.
- ✓ Help to meet the relevant conditions of your licence/s.
- ✓ Manage problem gamblers on your website.
- ✓ Negotiate treatment levies for new licences from a stronger position.

Gambling Therapy provides support in multiple languages making us accessible to more of your customer base than any other provider of this type of support service.

We are passionate about the work that we do and we achieve great results.

## Why support Gambling Therapy?



### As a Corporate Supporter of Gambling Therapy you will be provided with:

- ✓ Permission to use the Gambling Therapy link on all of your websites and within other related content.
- ✓ Advice on responsible gambling best practice across the industry.
- ✓ Annual reports outlining referral information, including country of origin.
- ✓ Advice on best player protection practices.
- ✓ Guidance on the placement and use of our logo/link to ensure it meets compliance standards and can be readily found by those in need.
- ✓ An inclusion on our website of your organisation as a Corporate Supporter of Gambling Therapy.

Gambling Therapy aims to help you to provide a socially responsible gambling environment which will help to achieve our shared objective of managing and minimising the adverse effects of gambling.

For more information or to discuss becoming a Corporate Supporter of Gambling Therapy please email us at [support@gamblingtherapy.org](mailto:support@gamblingtherapy.org)



## The GT App



Gambling Therapy has developed an innovative mobile app that provides evidence based tools and information to help people identify and overcome problem gambling issues.

- Available in 14 languages
- Self assessment questionnaire
- Text-based multilingual support
- Mindfulness & self help exercises
- Crisis support information
- Daily motivational quotes
- Links to blocking software
- Directory of helpful organisations
- Access to the GT online forums

The Gambling Therapy app is available on Apple and Android devices from the relevant store.